

Complete this section in its entirety:

Health Insurance Information

Company _____

Policy # _____

Physician
Dr's Name: _____

Phone: _____

Emergency Contact

Parent/Guardian's

Name: _____

Home # _____

Cell # _____

Work # _____

I, _____ (print) hereby authorize the staff of South Shore Football Camp to make decisions in any emergency requiring medical attention for the above camper. I hereby, waive and release S.S.F.C., directors, and employees from any and all costs, liabilities, and expenses for any personal injury or illness in any way related to participation in the camp program. I have no knowledge of any physical impairment that would be effected by the above campers participation in the camp program, as outlined in this brochure.

Parent/Guardian

Purpose:

South Shore Instructional Football camp is designed to provide participants with the opportunity to improve skills and techniques and gain a greater appreciation football under the guidance of Ran St. George, Paul Killinger, and other staff coaches. Each camper will gain a greater comprehension of football and an understanding of why it is the greatest game played. Lectures, demonstrations, and drill sessions will be presented daily. Our camp is designed to meet a players specific needs at a specific position or individual skill. We believe that the personal attention given to the player by our staff will help accelerate natural ability and enable him to perform closer to his maximum potential.

**25th
ANNUAL**

**SOUTH
SHORE**

INSTRUCTION



August 7th through

August 11th, 2011

Grades 9—12

4:00—8:00 P.M

Hingham High School

Overview of Program Content:

- Our objective is to provide the finest football instruction with a complete understanding of the importance of proper fundamentals.
- 7 on 7 passing league games each evening for skilled player
- Technique review and pass protection rush for linemen in controlled sessions every evening (day)
- Great carry over value for all players as they refine techniques used in their own school

Facilities:

Hingham High School Athletic Fields

Tuition:

\$145.00

Cancellation Policy

Additional \$50

Walk on Registration:

\$40.00 Administrative Fee

Required Equipment:

- Helmet
- Shoulder Pad
- Football Cleats
- QB bring your own ball.

**Head Coach will supply you with equipment

Insurance

There will be an athletic trainer on duty at all times. However, all athletes must provide their own insurance prior to the start of camp.

Camp Session Time:

4:00—8:00

Staff:



Ron St. George
Camp Director
Head Football Coach
Cardinal Spellman HS
CCL Champions 2010
SuperBowl 2010

- **East Bridgewater H.S.**
9 South Shore League Championships—
1982, 83, 85, 86, 1990, 91, 93, 94, 95
- **Boston College High School**
2 Catholic Conference Championships—2005,
2007
- **Superbowl and Playoff Appearances**
1990, 91, 93, 94, 95, 2007, 2010



Paul Killinger
Asst. Camp Director
Head Football Coach
Hingham High School
Hingham H.S.
3 Patriot League Championships—
2004, 2006, 2007
Superbowl and Playoff
Appearances -2004, 2006, 2007

Football/Schedule/Equipment Questions:

Paul Killinger: Cell: 617-549-4708
Home: 781-585-4697

Camp Schedule:

- 4:30-5:00 Pre Camp Specialties**
- 5:00-5:30 Block I**
- 5:55-6:35 Block II**
- 6:35-7:30 7 on 7**
- 7:30-7:45 Motivation**

Application:

Name: _____

Address: _____

Home Phone #: (____) _____

DOB: _____

Height: _____

Weight: _____

T Shirt Size: M L X 2X 3X

High School: _____

Grade in Sept 2011: _____

Allergies: _____

Camp Information:

Offensive Position—Circle

QB SE TE RB OL

Defensive Position—Circle

DB DL DE LB

Tuition: \$145 (includes deposit)

Deposit: \$50 Due by July 1st

Checks Payable to:

South Shore Football Camp

Mail To:

South Shore Football Camp

c/o Mr. Ron St. George

25 Prospect Court

Kingston, MA 02364

781-585-6193